

# bCyberwise Chatterbox



Dear Parent/Carer,

Today your child has participated in the Life Education bCyberwise module. You can explore cybersafety together with the attached activity and our app bCyberwise Monster Family available in the Educational Games section of iTunes or Google Play App stores.

[lifeeducation.org.au/parents/bcyberwise](http://lifeeducation.org.au/parents/bcyberwise)



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# Life Education:

## bCyberwise tips for online safety

**Technology and the internet have become an integral part of everyday life for kids in Australia.**

It is their primary source of information and preferred method of consuming media (like music, films, file sharing and games) and is increasingly a key component in their social interactions.

Because of this, it is essential that families work together to ensure that all members are practising safe, respectful and appropriate online behaviour in the home.

To help your family achieve this, Life Education has provided the following strategies which will enable parents and carers to become role models and guides for positive online behaviour. It will also assist families to communicate about their digital lives.

### STRATEGY 1: Build Trust & Teamwork

- Tip 1.** Create an environment of mutual trust with your child so they feel comfortable talking to you about their online experiences.
- Tip 2.** Work together with your child to discuss responsible online behaviour, appropriate websites and applications.
- Tip 3.** Be involved in how your child uses digital devices.
- Tip 4.** Consider your personal digital behaviour and work at becoming a good role model.

### STRATEGY 2: Use Online Tools

- Tip 1.** Be sure you have reputable computer security software with parental controls installed. Filter offensive content and ensure your software receives regular updates.
- Tip 2.** Learn how to report offensive content to the websites and social networks which your child is permitted to use.
- Tip 3.** Help your child create strong passwords that are difficult to crack and change them regularly.

### STRATEGY 3: Stay Informed

- Tip 1.** Educate the family on the importance of online privacy and protecting their personal information.
- Tip 2.** Remind your child that people they meet online are strangers.
- Tip 3.** Talk to your child about their online reputation and the consequences of the choices they make.

**For more information:**

[lifeeducation.org.au/parents/tech-tips](http://lifeeducation.org.au/parents/tech-tips)

[esafety.gov.au/parent](http://esafety.gov.au/parent)

## How to fold the Chatterbox

1. Cut out the chatterbox.
2. Place the coloured box face side down.
3. Fold all four corners into the middle. Crease well.
4. Turn the paper over.
5. Fold all four corners into the middle. Crease well.
6. Make the final creases by folding the square in half.
7. To use the chatterbox, put index fingers and thumbs inside it.
8. To play, move the chatterbox back and forth.



# How to Play the Chatterbox

1. Player 1 asks: "What's the chatterbox cyber safety tip"?
2. Player 2 picks a colour.
3. Player 1 spells out the colour, while opening and closing the Chatterbox as they say each letter.
4. Player 2 picks a number.
5. Player 1 counts out the number, while opening and closing the Chatterbox.
6. Player 2 chooses a number.
7. Player 1 opens the flap to reveal the cyber safety tip.
8. Discuss why this is a good cyber safety tip.

