

Curriculum Alignment

Life Education Content Descriptors	Links to the Australian Curriculum Learning Area - Health & PE (Year 2)	Connections to Lesson Plan
Identify actions that contribute to a healthy lifestyle (nutrition/physical activity)	<p>Personal, Social and Community Health</p> <p>Being healthy, safe and active</p> <p>Recognise situations and opportunities promote health, safety and wellbeing (ACPPS018)</p>	<p>Investigating the inclusion and use of a vegie patch either in their homes or schools provides students with another opportunity for a healthy lifestyle.</p> <p>Physically constructing a vegie garden provides an opportunity for physical activity. It creates an understanding of various vegetables in their earliest states and the joy of eating something they have grown themselves.</p>
Identify safe and unsafe behaviours, situations and environments	<p>Personal, Social and Community Health</p> <p>Being healthy, safe and active</p> <p>Recognise situations and opportunities to promote health, safety and wellbeing (ACPPS018)</p>	<p>Physically constructing a garden bed after completing online activity A2 Garden Safety helps to establish safe gardening practice.</p>

Proudly supported by



Life Education Content Descriptors	Links to the Australian Curriculum Learning Area - Health & PE	Connections to Lesson Plan
Identify and practice strategies to make healthy food choices	Personal, Social and Community Health Communicating and interacting for health and wellbeing Examine health messages and how they relate to health decisions and behaviours (ACPPS021)	<p>Conducting a class survey helps students identify healthy food practices that students engage in at home.</p> <p>Investigating a food journey encourages students to consider which foods they eat that remain close to their original state and how this contributes to healthy eating.</p>
Identify ways that people show care and concern for one another	Personal, Social and Community Health Communicating and interacting for health and wellbeing Describe ways to include others to make them feel they belong (ACPPS019)	<p>The poetry exercises encourage students to articulate the qualities associated with positive relationships.</p> <p>The script writing encourages students to identify the impact of positive and negative behaviour among young people. It encourages them to reflect on the kind of friend they can be.</p>

Proudly supported by